

## OVERDOSE PREVENTION

### DRUG CHECKING - MOUNTAINSIDE HARM REDUCTION SOCIETY (Fentanyl Screening Strips And FTIR)

#### Chilliwack Health Unit

Monday, 2:00 pm – 6:00 pm  
Unit 45470 Menholm Road

### OVERDOSE PREVENTION SITES

#### Ruth & Naomi's Mission

Seven days a week, 7:30 am – 11:00 pm  
Pathways - 46130 Margaret Avenue, 604-795-2322 ext. 401

#### Chilliwack Wellness Center (Lookout Society)

Wednesday and Saturday 2:00 pm - 6:00pm  
45951 Trethewey Avenue, 778-900-6303

### OVERDOSE PREVENTION APPS

#### Lifeguard App

Lifeguard App uses its lifesaving functionalities to automatically contact emergency responders if a user becomes unconscious or unable to function in the event of an overdose.

[lifeguarddh.com/products](http://lifeguarddh.com/products)

#### Brave App

You don't have to use alone. Overdose detection for those that use drugs.

[brave.coop](http://brave.coop)

#### NORS Line - National Overdose Response Line

NORS is an overdose prevention hotline for Canadians providing loving, confidential, nonjudgmental support for you, whenever and wherever you use drugs.

1-888-688-NORS (6677)

[nors.ca](http://nors.ca)

## HOUSING SUPPORT SERVICES

### **Chilliwack Housing Hub**

Supports residents with access to private rental units and 1:1 staff support to maintain housing and access services and supports.

45921 Hocking Avenue, 604-795-5994

[pcrs.ca/our-services/chilliwack-housinVICESg-hub](https://pcrs.ca/our-services/chilliwack-housinVICESg-hub)

### **Wilma's Transition Society - Homeless Prevention Program**

Monday – Friday, 8:30 am – 4:30 pm

Unit 101-7075 Vedder Road, 604-824-0939

[wilmastransitionsociety.org](http://wilmastransitionsociety.org)

### **BC Housing**

Monday – Friday, 604-648-4270

### **Connective - Homeless Prevention Program**

Monday to Friday 9:00 am -5:00 pm

604-226-6382, [Stephanie.gill@connective.ca](mailto:Stephanie.gill@connective.ca)

### **Salvation Army - Outreach**

Assisting individuals experiencing homelessness with long-term housing solutions and community housing applications.

By reservation only. Monday – Friday, 8:00 am – 4:00 pm

45746 Yale Road, 604-703-4524

[chilliwackcc.outreach@salvationarmy.ca](mailto:chilliwackcc.outreach@salvationarmy.ca)

## WELLNESS CENTRE

### **Chilliwack Wellness Center (Lookout Society)**

Seven days a week, 7:00 am - 7:00 pm

45951 Trethewey Avenue, 778-900-6303

## COUNSELLING SERVICES

### **Wilma's Transition Society: Free counselling services for women, men, and youth (age 8+)**

Intake is Monday – Friday 8:30 am – 4:30 pm

Unit 101-7075 Vedder Road, 604-705-2064

[wilmastransitionsociety.org](http://wilmastransitionsociety.org)

### **Chilliwack Mental Health - Fraser Health**

Monday - Friday 8:00am - 4:00pm

45470 Menholm Road, 604-702-4860

### **Ann Davis Transition Society**

Free counselling services for women, men, children, and youth by self-referral. Intake is Monday – Friday, 9:00 am – 5:00 pm.

9046 Young Road, 604-792-2875 [anndavis.org](http://anndavis.org)

## EMERGENCY & SUBSTANCE USE SERVICES CONT'D

### **Ruth & Naomi's Mission Revive and Pathways Shelters**

For ages 19+. Provides group-based support for individuals who are looking for an intensive day, evening or weekend outpatient substance use treatment program. Open 24/7.

46130 Margaret Avenue, 604-795-2322 ext. 401

[ranmission.ca/community-services](http://ranmission.ca/community-services)

### **Rapid Access to Addiction Care Clinic - Chilliwack General Hospital**

For individuals with substance use concerns with an aim of assessment, initial stabilization and transition to community-based clinics and services. OAT services. Self referrals are welcome.

Monday to Friday 9:00 am - 5:00 pm, 45600 Menholm Road

604-703-6976 [fraserhealth.ca/Service-Directory](http://fraserhealth.ca/Service-Directory)

## HEALTH SERVICES

### **Chilliwack Health & Housing Centre - HIV/HCV Prevention Education Program (The Bus)**

Harm reduction for all ages through a mobile bus outreach in Chilliwack, Agassiz, and Hope.

Seven days a week, Various locations, 604-795-5994

[pcrs.ca](http://pcrs.ca)

### **New Hope Health and Wellness Clinic**

No referral needed. Free drop-in, confidential access to health care services. By appointment only 9:00am - 11:00am or Walk-in 11:00am - 12:00pm, Wednesday and Friday.

46129 Princess Avenue 604-798-2183

Email: [nhhw@chilliwackdivision.ca](mailto:nhhw@chilliwackdivision.ca)

### **Hope Transition Society**

Sexual assault services for anyone over 12 years of age who has experienced or been impacted by sexual violence.

Monday -Thursday, 604-869-6337

[svrcn@hopetransition.org](mailto:svrcn@hopetransition.org)

### **Peer Support**

Chilliwack General Hospital

Emergency Department Advocacy and harm reduction accessible through emergency department.

Seven days a week 8:00 am - 4:30 pm, 2:30 pm-10:30 pm

45600 Menholm Road, 1-236-522-1082

## HARM REDUCTION

### **PCRS – Harm Reduction**

Ages 19+ Seven days a week, 9:00 am – 9:00 pm  
45921 Hocking Avenue, 604-795-5994 [pcrs.ca/chilliwack](http://pcrs.ca/chilliwack)

### **PCRS - CAPS / Indigenous Wellness**

Ages 13+. Counselling, outreach, relapse prevention, support groups, substance support, referrals to treatment.  
45921 Hocking Avenue, 604-795-5994 [pcrs.ca/chilliwack](http://pcrs.ca/chilliwack)

### **Mountainside Harm Reduction Society**

Harm reduction supplies and drug checking. (For hours of operation, see DRUG CHECKING under OVERDOSE PREVENTION)  
[mtnsidesociety.ca](http://mtnsidesociety.ca)

### **Overdose Outreach Team (OOT)**

For services provide us with your name, address and phone number number by text 236-332-4857 or email [oot@fraserhealth.ca](mailto:oot@fraserhealth.ca)

## INCOME & EMPLOYMENT ASSISTANCE

### **Ministry of Social Development and Poverty Reduction**

Computers available for use. Monday – Friday,  
9:00 am – 4:00 pm 45540 Yale Road, 1-866-866-0800

### **WorkBC Employment Services Centre**

Offers in-person services by appointment, as well as virtual services. Monday – Thursday, 8:30 am-5:30 pm, Friday, 9:00 am – 4:30 pm, 200-45905 Yale Road, 778-860-5452  
[workbccentre-chilliwack.ca](http://workbccentre-chilliwack.ca)

### **Salvation Army**

Support addressing barriers for long-term housing solutions.  
45746 Yale Road, 604-703-4524  
[chilliwacksa.ca](http://chilliwacksa.ca)



**CITY OF  
CHILLIWACK**

# **RESOURCES AND SERVICES**

**IN CASE OF EMERGENCY  
CALL 911**

## **WHERE TO CALL FOR HELP:**

**BC Nurse Line** 1-866-215-4700 or 811

**Fraser Health Crisis Line** 1-877-820-7444

**Help Line for Children** 604-310-1234

**Sexual Abuse Intervention Program** 604-792-4267  
(Available Mon – Fri, 9am - 4:30pm)

**S.M.A.R.T. Surrey Mobile Assault Response Team**  
604-244-2830 24-hour crisis response for women/  
gender diverse individuals who have experienced a  
physical or sexual assault.

**Kids Help Phone (24hr)** 1-800-668-6868

**Updated: June 2024**

## EMERGENCY & SUBSTANCE USE SERVICES

### **Adult Day, Evening, Weekend (DEW) Treatment Program - Chilliwack General Hospital**

Age 19+. Provides group-based support for individuals who are looking for an intensive day, evening or weekend outpatient substance use treatment program. Open 24/7.

45600 Menholm Road, 1-888-587-3755, choose option 4 then 0.  
[fraserhealth.ca/Service-Directory](http://fraserhealth.ca/Service-Directory)

### **Chilliwack Health & Housing Centre**

Harm reduction. Open seven days a week 9:00 am – 9:00 pm

45921 Hocking Avenue, 604-795-5994

[pcrs.ca/service-resource-centres/chilliwack-health-housing-centre](http://pcrs.ca/service-resource-centres/chilliwack-health-housing-centre)

### **Chilliwack Health & Housing Centre - Chilliwack Substance Use and Prevention Services**

Age 13+. CAPS program and Indigenous Wellness, counselling, outreach, relapse prevention, support groups, substance-affected support, referrals to treatment programs.

45921 Hocking Avenue, 604-795-5994 [pcrs.ca](http://pcrs.ca)

### **Cyrus Centre - Youth Shelter & Resource Centre**

Youth ages 12-24. Intake is 24/7, self referrals welcome.

Meals 9am; 12:30pm; 6:00pm, 45845 Wellington Avenue

604-795-5773 [cyruscentre.com](http://cyruscentre.com)

### **OASIS Residential Addiction Treatment Services at RAN Mission**

Provides group-based support for individuals who are looking for an intensive day, evening, or weekend outpatient substance use treatment program.

Women (ages 19+) Monday – Thursday, 8:00 am – 3:00 pm

46130 Margaret Avenue, 604-795-2322 ext. 207

Men (ages 19+) Monday – Thursday, 8:00 am – 3:00 pm

45466 Yale Road West, 604-799-7114

[ranmission.ca/services](http://ranmission.ca/services)

## SHELTERS

### **Ann Davis Women's Centre**

Women: shelter open 24/7. Office: 604-391-1993

Emergency Cell: 604-845-6535

[anndavis.org](http://anndavis.org)

### **Cyrus Centre - Youth Shelter & Resource Centre**

Youth (ages 12-24): Intake is 24/7, self referrals welcome

45845 Wellington Avenue, 604-795-5773

[cyruscentre.com](http://cyruscentre.com)

### **The Salvation Army – Shelters**

Women's shelter (ages 19+): intake is 24/7. 45746 Yale Road  
604-792-4486

Men's shelter (ages 19+) intake is 24/7. 45748 Yale Road  
604-392-8510 [chilliwacksa.ca](http://chilliwacksa.ca)

### **Ruth & Naomi's Mission Revive and Pathways Shelters**

Men and Women ages 19+: Open 24/7 46130 Margaret Avenue  
604-795-2322 ext. 401

[ranmission.ca/community-services](http://ranmission.ca/community-services)

### **Chilliwack Wellness Center - Shelter (Lookout Society)**

24/7 Shelter, 30 beds

45951 Trethewey Avenue, 778-900-6303

## TRANSITION HOUSING

### **Wilma's Transition House**

For single women and women with children. Drop in 24/7.

604-858-0468

[wilmastransitionsociety.org/transition-house.html](http://wilmastransitionsociety.org/transition-house.html)

### **Switchback(Cyrus Centre)**

Ages 16-24 Low barrier housing. Application and information -  
604-392-6318

[www.cyruscentre.com](http://www.cyruscentre.com)

### **The Village -Chilliwack Community Services**

2nd Stage transitional housing program for youth ages 16 -18.

604-702-2900 [comserv.bc.ca/housing](http://comserv.bc.ca/housing)

### **AnnDavis Transition House**

Temporary safe shelter and support for adult women and women with children who are victims of domestic violence. The house is staffed 24 hours a day, pet-friendly, and works on a communal living model.

604-792-3116 or text at 604-819-3557 [anndavis.org](http://anndavis.org)

## SHOWERS & LAUNDRY

### **Cyrus Centre - Youth Shelter & Resource Centre**

Youth (ages 12-24). Seven days a week, 12:00 pm – 5:00 pm  
45845 Wellington Avenue, 604-795-5773 [cyruscentre.com](http://cyruscentre.com)

### **Pearl Life Renewal Society Drop-in Resource Centre for women.**

Drop in Wednesday – Friday, 10:00 am – 3:00pm

604-402-4673 Text Only: 604-791-1314 [pearlliferenewal.com](http://pearlliferenewal.com)

### **Salvation Army - Outreach Showers:**

Monday – Friday, 8:00 am – 3:00 pm, Laundry: Monday – Friday,  
8:00 am – 2:00 pm, 45746 Yale Road, 604-703-4524

[chilliwacksa.ca](http://chilliwacksa.ca)

### **Chilliwack Wellness Center (Lookout Society)**

Guest Showers and Laundry 9am - 6pm,  
45951 Trethewey Avenue, 778-900-6303

## MEALS

### **Cyrus Centre - Youth Shelter & Resource Centre**

Youth (ages 12-24): Seven days a week, Breakfast  
9:00 am – 10:00 am, Dinner 6:00 pm – 6:30 pm  
45845 Wellington Avenue 604-795-5773 [cyruscentre.com](http://cyruscentre.com)

### **Pearl Life Renewal Society**

Drop-in Resource Centre for women.

Drop in, Wednesday – Friday, 10:00 am – 3:00 pm

Phone: 604-402-4673 Text Only: 604-791-1314

[pearlliferenewal.com](http://pearlliferenewal.com)

### **Ruth & Naomi's Mission**

Community Dinner, Seven days a week, 6:00 pm – 7:00 pm  
46130 Margaret Avenue, 604-795-2322

[ranmission.ca](http://ranmission.ca)

### **Salvation Army Care and Share Centre**

Ages 19+. Community Lunch, Monday – Friday,  
12:00 pm – 1:00 pm 45746 Yale Road 604-792-0001  
[chilliwacksa.ca](http://chilliwacksa.ca)

### **Chilliwack Wellness Center (Lookout Society)**

Seven days a week. Breakfast 7:30am to 9:00am  
Lunch 12:30pm - 2:00pm, Dinner 6:30pm to 7:00pm  
45951 Trethewey Avenue, 778-900-6303



## GROCERIES, FOOD HAMPERS & CLOTHING

### **Ann Davis Transition Society - Outreach Centre**

Clothing, Goods and Donations  
46230 Yale Road – 604-402-0014  
anndavis.org

### **Cyrus Centre - Youth Shelter & Resource Centre**

Youth (ages 12-24): Monday – Friday, 12:00 pm – 4:00 pm  
45845 Wellington Avenue 604-795-5773  
cyruscentre.com

### **Ruth & Naomi's Mission Family Centre**

Single and family food hampers Wednesdays 12:30.  
Monday – Friday, 7:00 am – 3:00 pm 46130 Margaret Avenue  
604-795-2322 ext. 110  
ranmission.ca

### **Salvation Army Care and Share Centre**

Pantry: Drop in daily. Food Bank/Hamper: Monthly,  
Monday – Friday, by appointment. 45746 Yale Road  
604-792-0001  
Chilliwackcc.familyservices@salvationarmy.ca

### **Chilliwack Community Services - Youth "reconnect"**

8937 School Street. Connect with a reconnect worker at  
604-798-3246.

## INDIGENOUS SERVICES

### **Stó:lō Service Agency**

For Indigenous: Service navigation for a variety of needs.  
Building 7, 7201 Vedder Road 604-701-1299  
stolonation.bc.ca

## OUTREACH SERVICES

### **Ann Davis Transition Society - Outreach Centre**

Monday – Friday, 9:00 am – 5:00 pm. 46230 Yale Road

Office: 604-402-0014, Cell: 604-819-3007

[anndavis.org](http://anndavis.org)

### **Salvation Army - Outreach Team**

Monday – Friday, 8:00 am – 4:00 pm

45746 Yale Road, 604-703-4524

[chilliwacksa.ca](http://chilliwacksa.ca)

### **Fraser Health & RainCity - ICM - Intensive Case**

**Management** Monday – Friday, 8:00 am – 4:00 pm

7955 Evans Road, 604-799-0173

[raincityhousing.org](http://raincityhousing.org)

### **Wilma's Transition Society**

Monday – Friday, 8:30 am – 4:30 pm

Unit 101-7075 Vedder Road, 604-705-2064

[wilmastransitionsociety.org](http://wilmastransitionsociety.org)

### **PCRS/Cyrus Co-ordinated Community- Outreach PCRS**

Youth and Adults, Seven days a week

45921 Hocking Avenue, 604-795-5994

[pcrs.ca/chilliwack](http://pcrs.ca/chilliwack)

**Cyrus:** Outreach to youth (ages 12-24) experiencing

homelessness. Monday – Friday, 7:00 am – 4:30 pm

45845 Wellington Avenue, 604-217-1034

[cyruscentre.com](http://cyruscentre.com)

## OUTREACH SERVICES CONTINUED

### **Pearl Life Renewal Society**

Drop-in Resource Centre for women.

Tuesdays community outreach.

Drop in Wednesday – Friday, 10:00 am – 3:00 pm.

Support Appointment from Wednesday - Friday, 3:00pm - 5:00pm.

Phone: 604-402-4673 Text Only: 604-791-1314 [pearlliferenewal.com](http://pearlliferenewal.com)

### **Chilliwack Community Services - Youth "reconnect"**

8937 School Street. Reconnect worker can be reached at 604-798-3246.

### **IHART - Integrated Homelessness Action Response Team, Fraser Health**

Multi-disciplinary health care team providing low barrier wrap around support for community members in shelters or who are experiencing homelessness.

1-236-332-1435

Email: [ihart.chilliwack@fraserhealth.ca](mailto:ihart.chilliwack@fraserhealth.ca)

### **Hope Transition Society**

Sexual assault services for anyone over 12 years of age who has experienced or been impacted by sexual violence. Monday -Thursday  
604-869-6337

[svrcn@hopetransition.org](mailto:svrcn@hopetransition.org)